



# Menu

## Homework

*You will need to choose at least one item from each section of the homework menu*

### STARTERS

- Write an explanation of how an organ in our bodies works. You will need an introduction paragraph, main fact paragraph, fact 1 paragraph, fact 2 paragraph and conclusion/did you know paragraph*
- Write a detailed fact sheet about the importance of exercise and healthy eating and what would happen if we didn't eat healthily and didn't exercise.*
- Research and present your findings on 'Why we have a big toe.', 'Why we get the hiccups.' Or 'Why we get goose bumps.'*

### MAIN COURSE

- Create a skeleton out of cotton buds/pasta/pipe cleaners.*
- Create an 'apron' to show the organs within the human body.*
- Design a 3D healthy eating plate.*

### DESSERTS

- Keep a food diary for one week. Research the countries the food you have eaten has come from. Present your findings.*
- Write and draw your own 'Funny Bones' book. (Original one written by Alan Ahlberg)*
- Complete the finger press up challenge (see the back of this sheet) present your findings.*
- Create a business plan and ideas for setting up a healthy tuck*

